



## Reflection Activity Guidance

### Description of Activity

In the Reflection Activity, Participant(s) will reflect on a case, incident, or occurrence in EMS practice and produce content focused on lessons learned. This reflection can be in any format (pending approval), but potential ideas include: written narrative, recorded audio (which could be a monologue, conversation, CISD session, etc.), and video presentation. The focus of the activity is to identify lessons learned from the experience that can then be shared collectively with others in the EMS field. In the spirit of collective experience, content produced in the Reflection Activity will be made available to the public via the Rykerr Medical LLC platform (whether the blog, podcast, YouTube channel, website, etc.). That said and given the nature of certain experiences, content may be anonymized at the discretion of Participant(s).

### Goals

- Reflect actively on an important personal experience
- Share lessons learned with others in the EMS field
- Present thoughts to peers using technology as a medium

### Objectives/ Expected Learning Outcomes

Through participation in the Reflection Activity, participant(s) will:

- Produce a reflection of professional quality to be shared with peers
- Utilize technology to share experience and expertise with others in the EMS community
- Organize thoughts in a coherent manner that allows for digestion of information

### Pre-requisites

This Activity is available to all EMS providers, no further prerequisites are required.

## Criteria for Selecting Faculty

As with all Rykerr Medical CE Activities, the Reflection Activity is categorized as an F4 activity per CAPCE S&R in which the participant(s) take(s) the initiative to direct learning in a way best suited to their needs and the general expectations outlined here. That said, the Program Committee is available to both offer feedback and evaluate performance. In addition, Content Reviewers outside of the Program Committee can assist in this capacity. In the event that a member of the Working Group (composed of the Program Committee and Content Reviewers) is a subject matter expert or has a specific interest in the topic of the Activity, the Program Committee will directly seek his or her input when evaluating the Activity.

## Rubric for Evaluation

In order for credit to be awarded, the submitted Podcast Activity must achieve “Meets Minimum Requirements” in all fields and as determined by the Program Committee.

	<b>Does Not Meet Minimum Requirements</b>	<b>Requires Revision(s)</b>	<b>Meets Minimum Requirements</b>
<b>Alignment with Activity Application</b>	Does not align with approved Activity Application	Partially aligns with approved Activity Application	Fully aligns with approved Activity Application
<b>Clarity of Lesson</b>	Lesson(s) to be learned from the activity is (are) not readily identifiable or do not serve as the focus of the content produced	Lesson(s) to be learned from the activity is (are) identifiable, but do not serve as the focus of the content produced	Lesson(s) to be learned from the activity is (are) readily identifiable and serve as the focus of the content produced
<b>Quality of Production</b>	Quality of media consistently interferes with comprehension of the narrative or lesson(s)	Quality of media interferes, at times, with comprehension of the narrative or lessons(s)	Quality of media does not detract from comprehension of the narrative or lesson(s)
<b>Organization</b>	Content is disorganized to a degree that the audience is unable to digest the information	Content is mostly organized, but some inconsistencies might detract from comprehension	Content is organized in a way that allows the audience to fully digest the information
<b>Accuracy of Content (if applicable)</b>	Inaccuracy (or inaccuracies) noted that is (are) inconsistent with current evidence and/ or best practice	Clarification needed to maintain consistency with current evidence and/ or best practice	Aligns with current evidence and/ or best practice
<b>Grammar and Spelling (if applicable)</b>	Many spelling and/ or grammar errors noted	Few spelling and/ or grammar errors noted	No spelling or grammar errors noted
<b>Citation of Sources (if applicable)</b>	Sources not cited, sources cited inaccurately or sources absent when needed	Errors noted in citations, but credit given with references to outside material	Appropriate citations provided for all appropriate references to outside material

For all criteria that “Does Not Meet Minimum Requirements” or “Requires Revision(s),” specific guidance will be provided to participant(s) and suggestions may be offered by which the submission can be reworked to achieve a successful evaluation and awarding of credit.